



Challenge Program Outcomes

**TIRR Memorial Hermann Outpatient Rehabilitation – Kirby Glen Center:
2455 S. Braeswood Blvd., Houston, TX 77030**

The TIRR Memorial Hermann Challenge Program provides a comprehensive range of services to help brain injury survivors maximize their potential and celebrate milestones and successes through each step of recovery.

Specialized services focus on return to work, return to school and community re-entry skills. It is these skills that prove critical for the transition to independent living following a brain injury. This outpatient, trans-disciplinary approach addresses the physical abilities, cognitive abilities, coping strategies and interpersonal communication required for long-term success.

Who We Served

- 97 clients were admitted to the program:
 - 53 in the Employment Track program
 - 10 in the Education Track program
 - 24 in the Independence Track program
 - 5 in the Volunteer Track program
 - 5 in the Job Readiness program
- Average age of clients was 43.65 years, (age range: 16 - 77 years).

What They Accomplished

- 53 or 94% of the clients completed the Employment Track and were productive at the time of discharge:
 - 47 clients returned to their employment goals within their community.
- 8 or 80% of the clients completed the Education Track and were productive within their community at the time of discharge:
 - 7 clients returned to their education goals within their community.

- 23 or 96% of the clients completed their Independence Track program and were productive in their community at the time of discharge.
- 5 or 100% of the clients completed the Volunteer Track and were productive within their community at the time of discharge:
 - 5 clients returned to a volunteer program within their community.
- 4 or 80% of the clients completed the Job Readiness program and were productive within their community at the time of discharge:
 - 4 of the clients pursued gainful employment within their community.

(over)



How They Achieved This

- Adult clients received an average of 12 hours of therapy per week. Average length of stay for adults was 69 days or 2.3 months.

Unplanned Acute-care Hospital Transfer

- No clients were transferred to an acute-care hospital for a higher level of care directly from the program or as a result of the program.

Satisfaction with Program: 16 clients completed the survey. Of the clients surveyed:

- 81% of the clients would recommend the program to other individuals with brain injuries for outpatient rehabilitation.
- 84% of the clients felt the Challenge staff worked well together to provide care.

Client Referrals Were Received from:

- Memorial Hermann acute, Inpatient and Outpatient Services
- Texas Workforce Commission
- Community physicians
- Texas Department of Health and Human Services
- Other acute and inpatient health care facilities



Adult and Pediatric Outpatient Rehabilitation
The Challenge Program
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